

The State of Prevention in Fairfax County

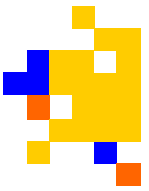


January 7, 2010

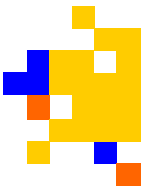


Agenda

- Some History
- What's New
- Partners in Prevention Fund
- County Prevention Efforts
- Trends and Data
- Challenges and Take Home Messages



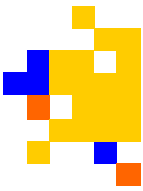
History: A System of Prevention



- Strengths-based and outcome-focused approaches
- Data-driven decisions
- Logical and synergistic linkages between programs and practices
- Shared resources and joint accountability for outcomes
- Program and system level evaluation
- Emphasis on subpopulations where need is highest (Considers geography and racial/ethnic/socioeconomic disparities)



History: Priority Prevention System Goals

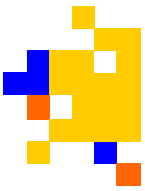


- Children are physically fit with good nutritional habits
- Children enter kindergarten fully ready to succeed
- Children and youth are safe from violence and bullying
- Children and youth are mentally well

Ongoing commitment to substance abuse prevention and child abuse prevention



FCPS Student Achievement Goals

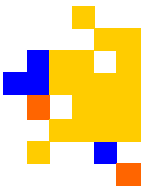


- Goal 1 focuses on Academic Achievement

- Goal 2 focuses on Essential Life Skills including
 - Honesty and responsibility
 - Resilience and self confidence
 - Conflict management and resolution
 - Problem solving
 - Making healthy and safe choice

- Goal 3 focuses on responsibility to the community





What's New

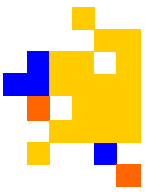
- Fairfax County Youth Survey
 - Data-driven decision making
 - Geography-focused
 - Measure Student Achievement Goals
 - Annual and full census

- Dramatic improvement in data-driven decision making

- Unprecedented partnership between County and Schools.
Using data to educate parents and students and to guide local priorities

- Partners in Prevention Fund

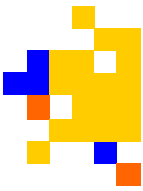




Partners in Prevention Fund

- We Can - Set of Obesity Prevention Programs
- Safe Dates – Dating Violence Prevention/Healthy Relationships
- Al's Pals – Social Skills Program for Pre School Children
- Portage Program – For Family Child Care Providers
- Some of our Partners
 - Bethlehem Baptist Church
 - United Community Ministries
 - South County Youth Network
 - Many Family Childcare Providers in South County





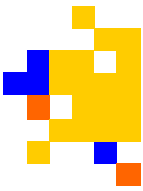
CSB - Prevention

- Reached 21,000 people last year, including children from pre-school to high-school, parents, seniors, and pregnant/new parents

- Provide Capacity Building and Training for Programs such as:
 - Als Pals
 - Parents Raising Safe Kids
 - Girl Power

- Implementing some mental wellness programs for youth – with hopes to expand with support from the rest of the system



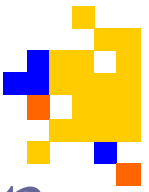


CSB - Prevention

- Leadership and Resiliency Program
 - Programs in 11 sites (down from 15 sites last year)
 - Strong outcomes in increasing resiliency skills
- Too Good for Drugs
 - 521 youth in 4th to 8th grade
 - Strong outcomes in the areas of:
 - Intentions to avoid drug use
 - Knowledge of harm
 - Current smokers not intending to continue smoking
 - Self Efficacy



DFS Prevention and Office for Children



Parent Child Education

- Nurturing Families
- Healthy Families
- Good Touch/Bad Touch

Family Support

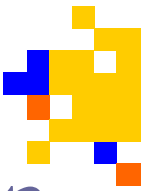
- Neighborhood Networks
- Family Resource Centers
- Kinship Respite and Support

School Readiness

- School Readiness Teams



DFS Prevention and Office for Children



Parent Child Education

- Enrollment in the Nurturing Parent program up 46% in the past year
- 93% success rate in positive parent-child interaction and parenting knowledge and behavior in Healthy Families participants
- In 2009, 719 families screened high risk by Healthy Families nurses, only 216 could be served.

Family Support

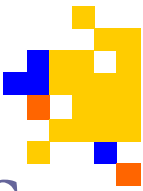
- Neighborhood Networks
 - 41 families from 10 schools

Foster Care

- Dramatic reduction of children entering foster care due to abuse and neglect



Community and Recreation Services

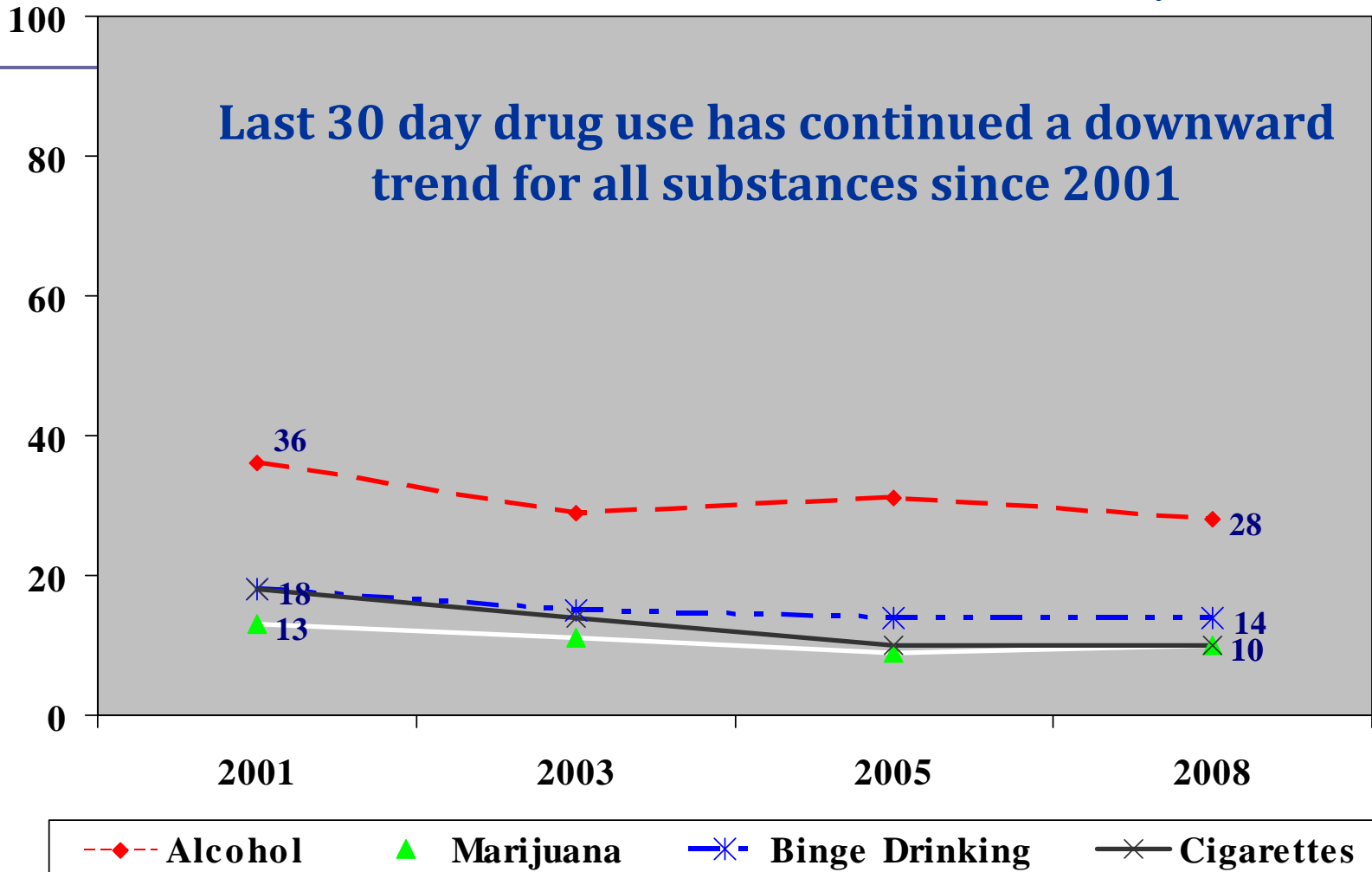
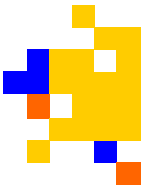


- Values in Prevention (VIP) Program – 60 youth this summer
- Road DAWG – 60 youth in 3 sites
- Jump Start in 25 of 27 MSAS programs
- Teen Centers received an OJJDP grant to do dating violence prevention programs
- Survival Skills: P3R (Personal, Professional, Prevention, and Resiliency)



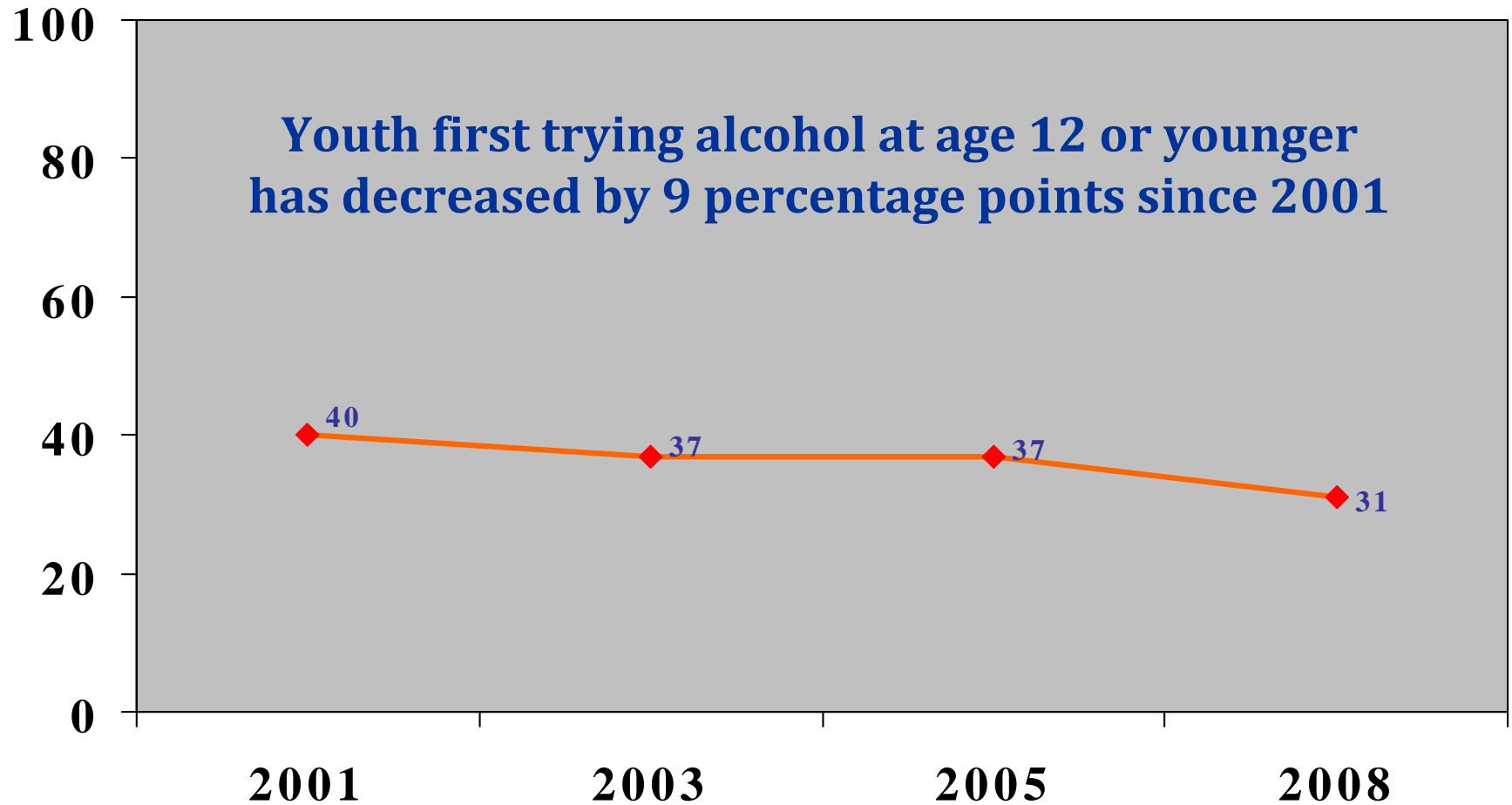
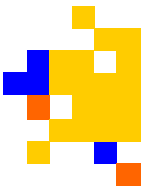
Substance Use Trends

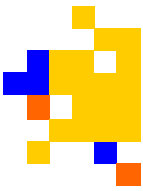
Percent Who Used in Last 30 Days



Age of Onset for Use of Alcohol

Percent age 12 or younger at first use



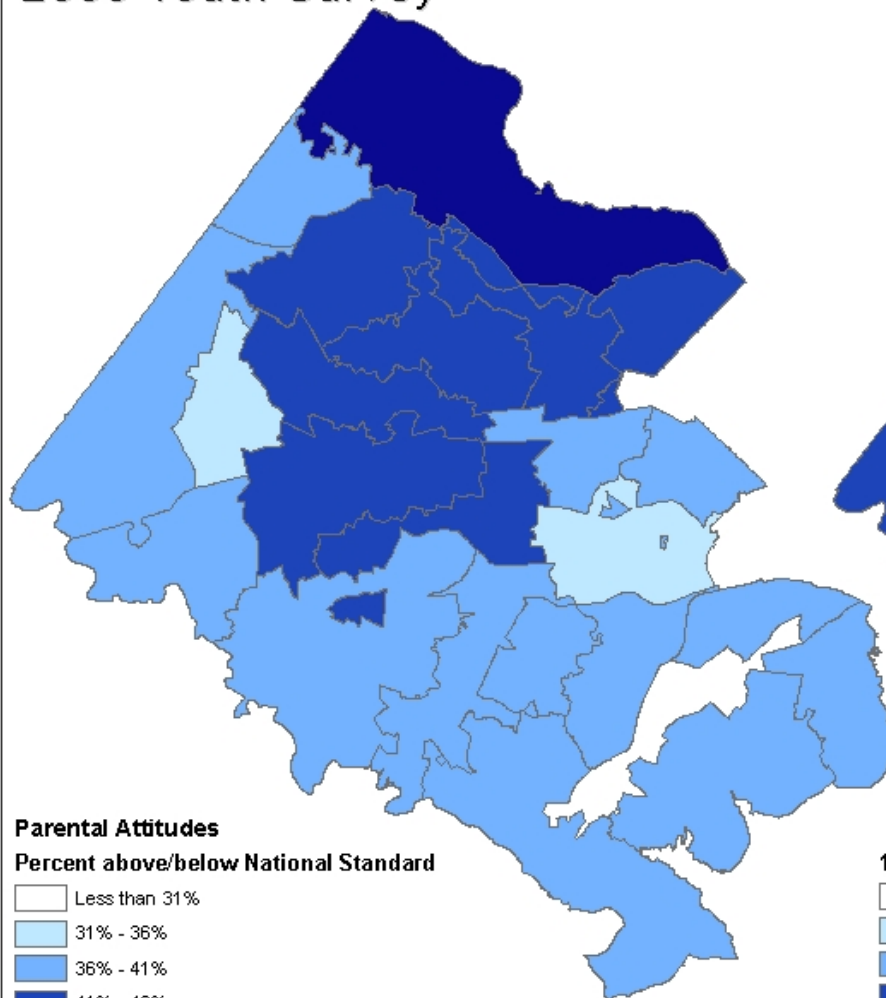


Other Substance Use Trends

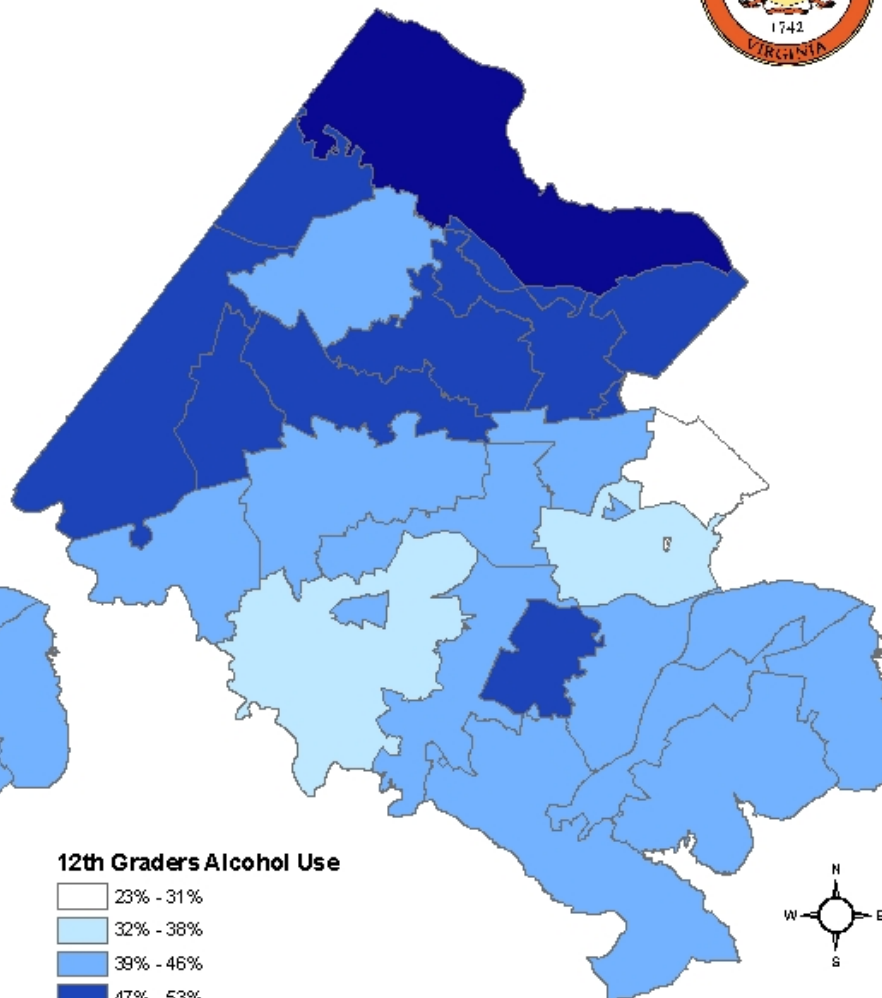
- ❑ Substance use rates for all of the most commonly used drugs are below the national average with the exception of 8th grade inhalant use
- ❑ Medications (over the counter and prescription) are the most commonly abused of the “other drugs”
- ❑ 7% of youth have taken some kind of medication (prescription or OTC) without a doctor’s orders in the past 30 days



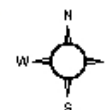
Youth and Alcohol Risk and Protective Factors and Alcohol Use 2008 Youth Survey



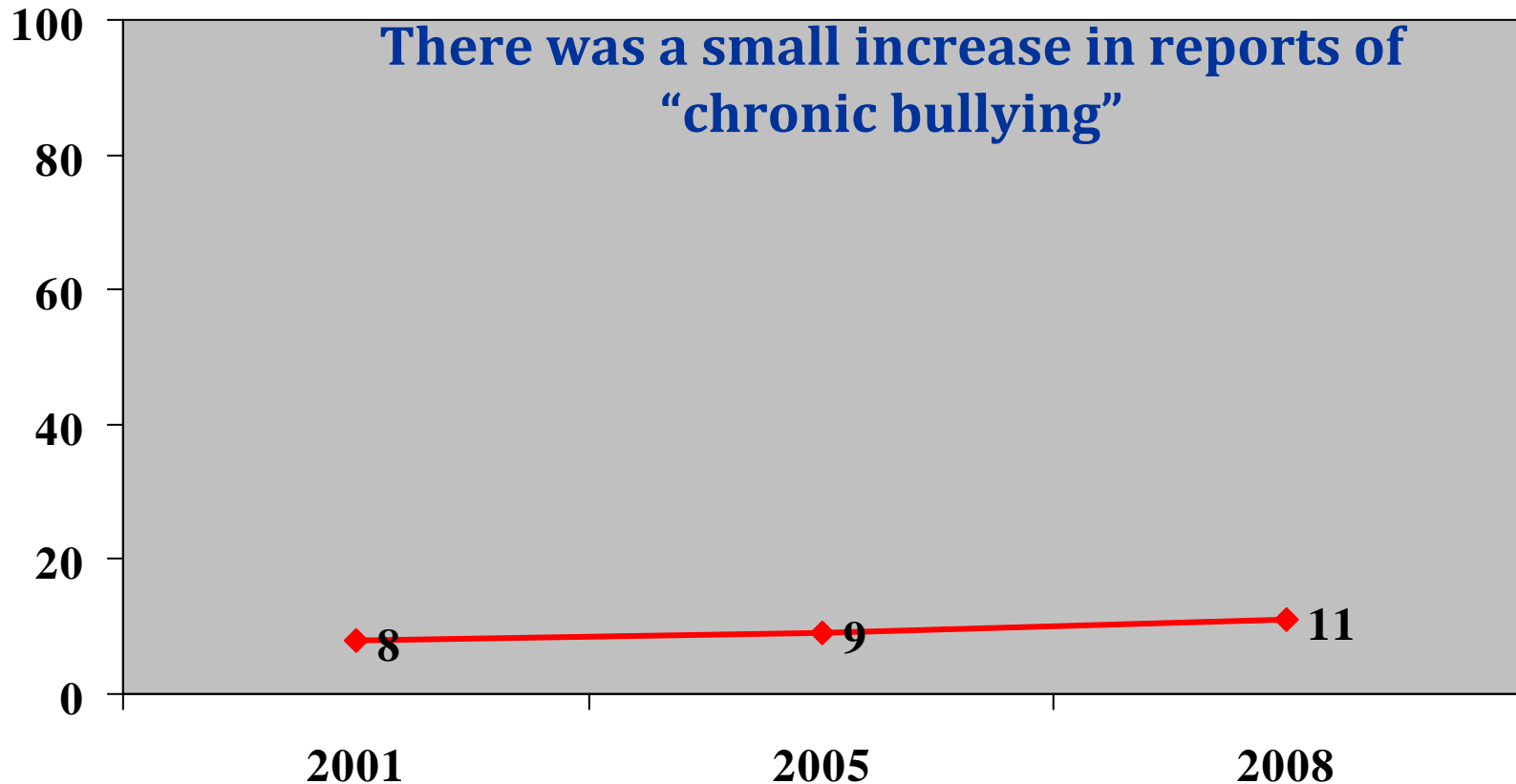
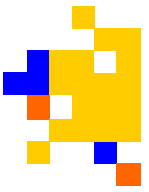
**Parental Attitudes Favorable
Toward Alcohol & Drug Use
High Risk**



**12th Grade Students Reporting
Any Alcohol Use in Past 30 Days**

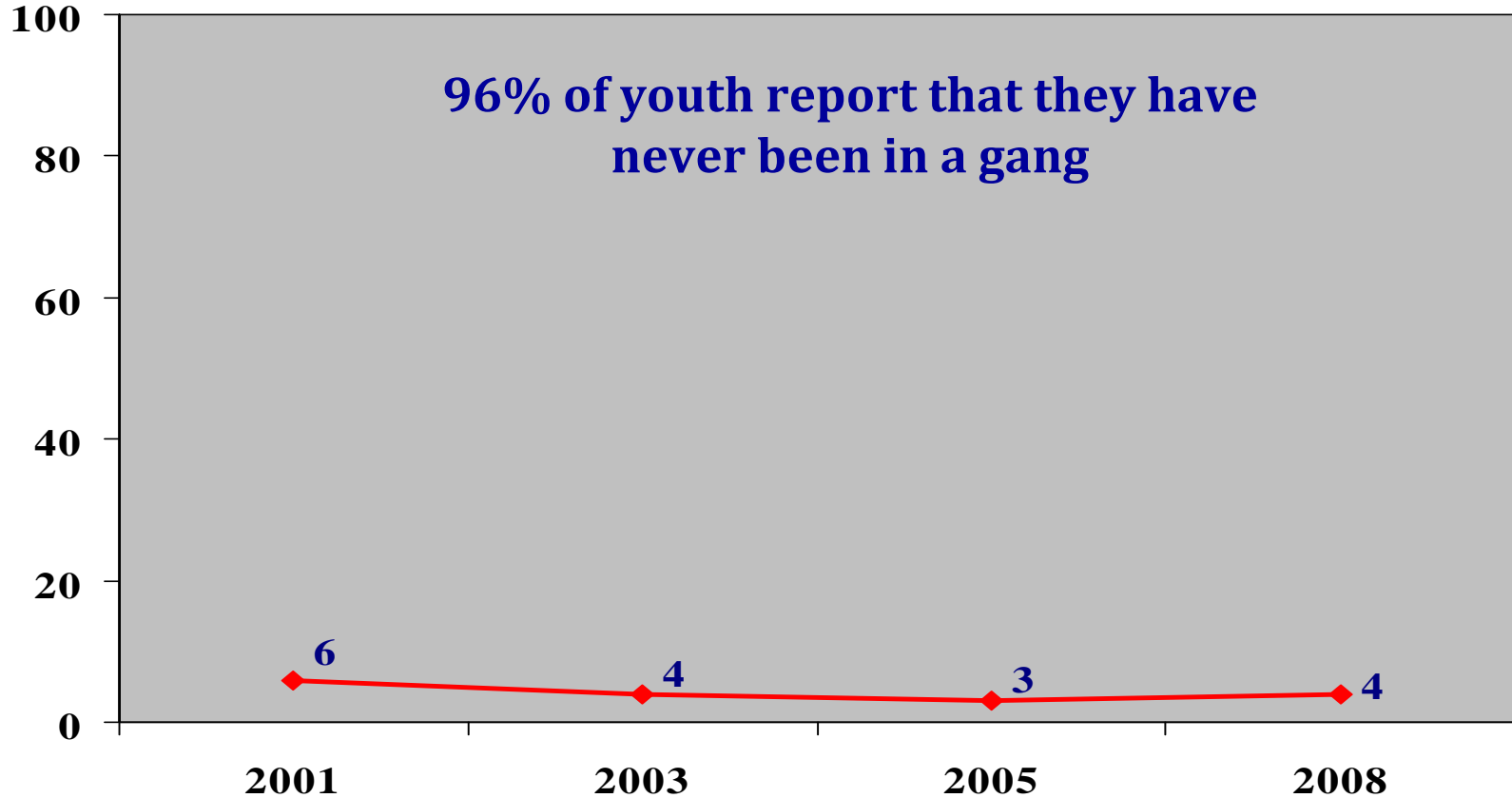
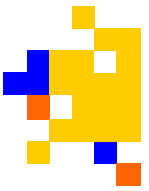


Percent Who Have Been Bullied More than 20 Times in the Past Year



Gangs

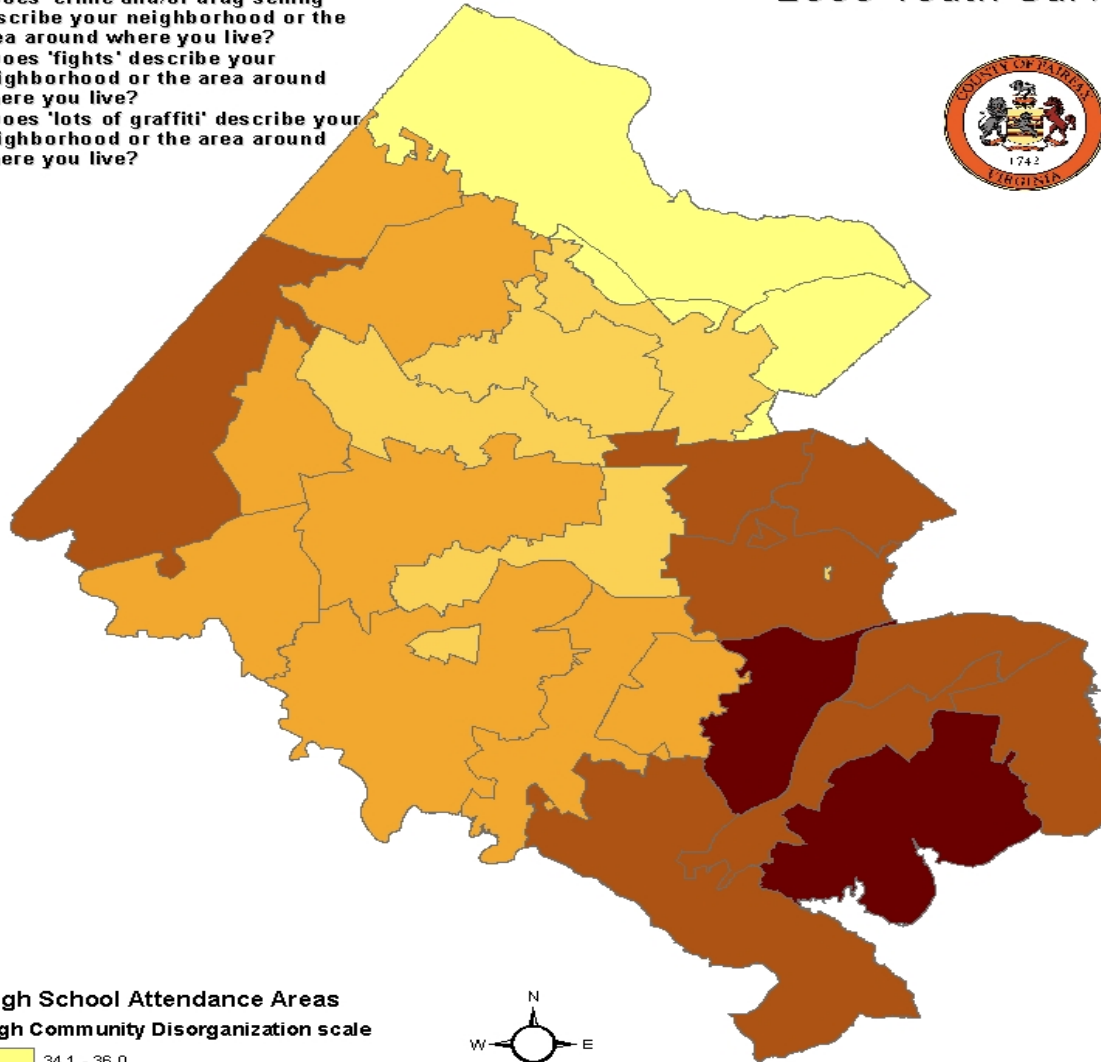
Percent Who Have Ever Been in a Gang








High Community Disorganization Scale
Includes the following Questions:

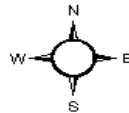
- * I feel safe in my neighborhood, or the place around where I live.
- * Does 'crime and/or drug selling' describe your neighborhood or the area around where you live?
- * Does 'fights' describe your neighborhood or the area around where you live?
- * Does 'lots of graffiti' describe your neighborhood or the area around where you live?

Youth Risk & Protective Factors Community Disorganization 2008 Youth Survey

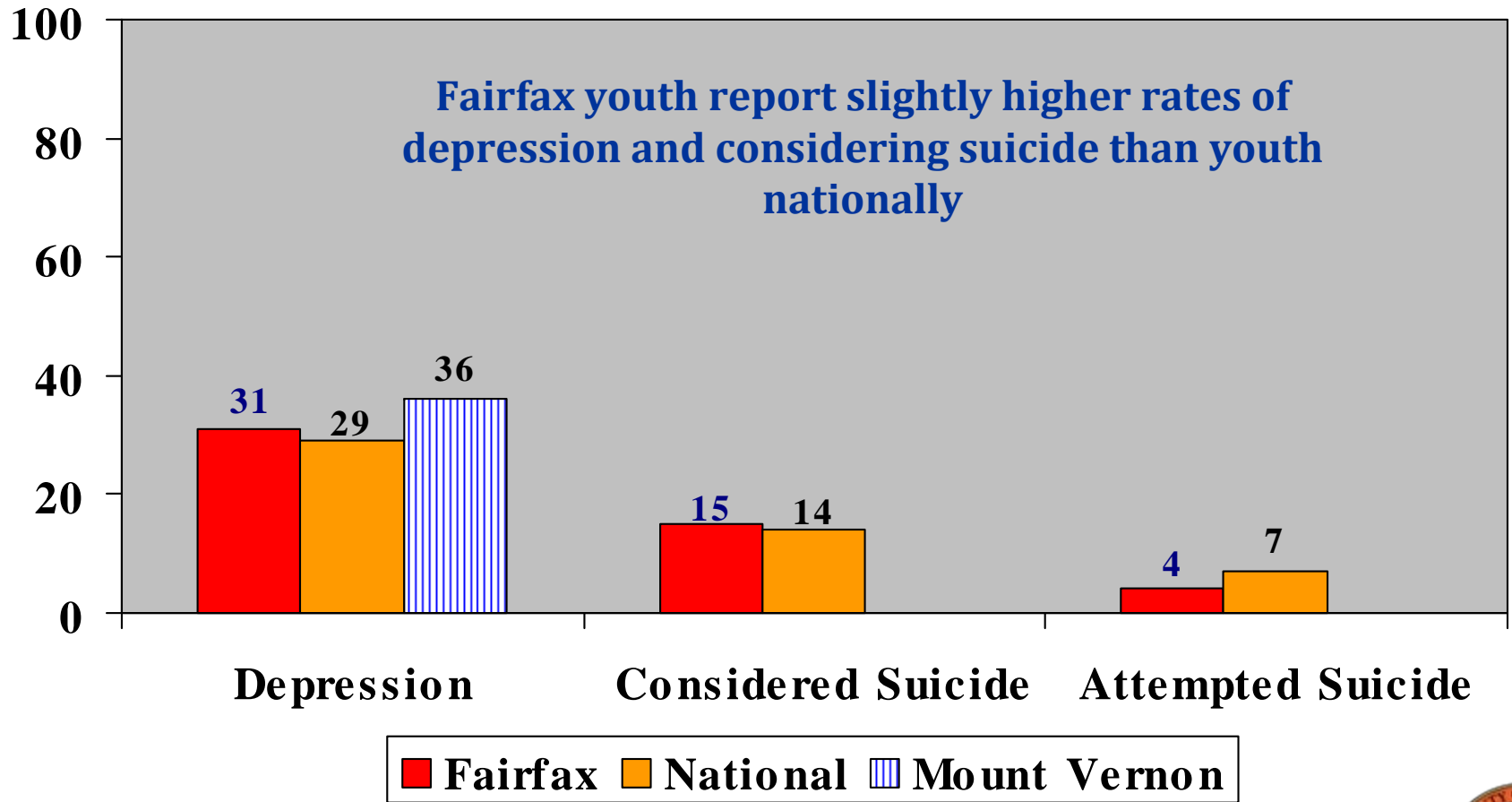
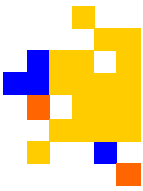


High School Attendance Areas
High Community Disorganization scale

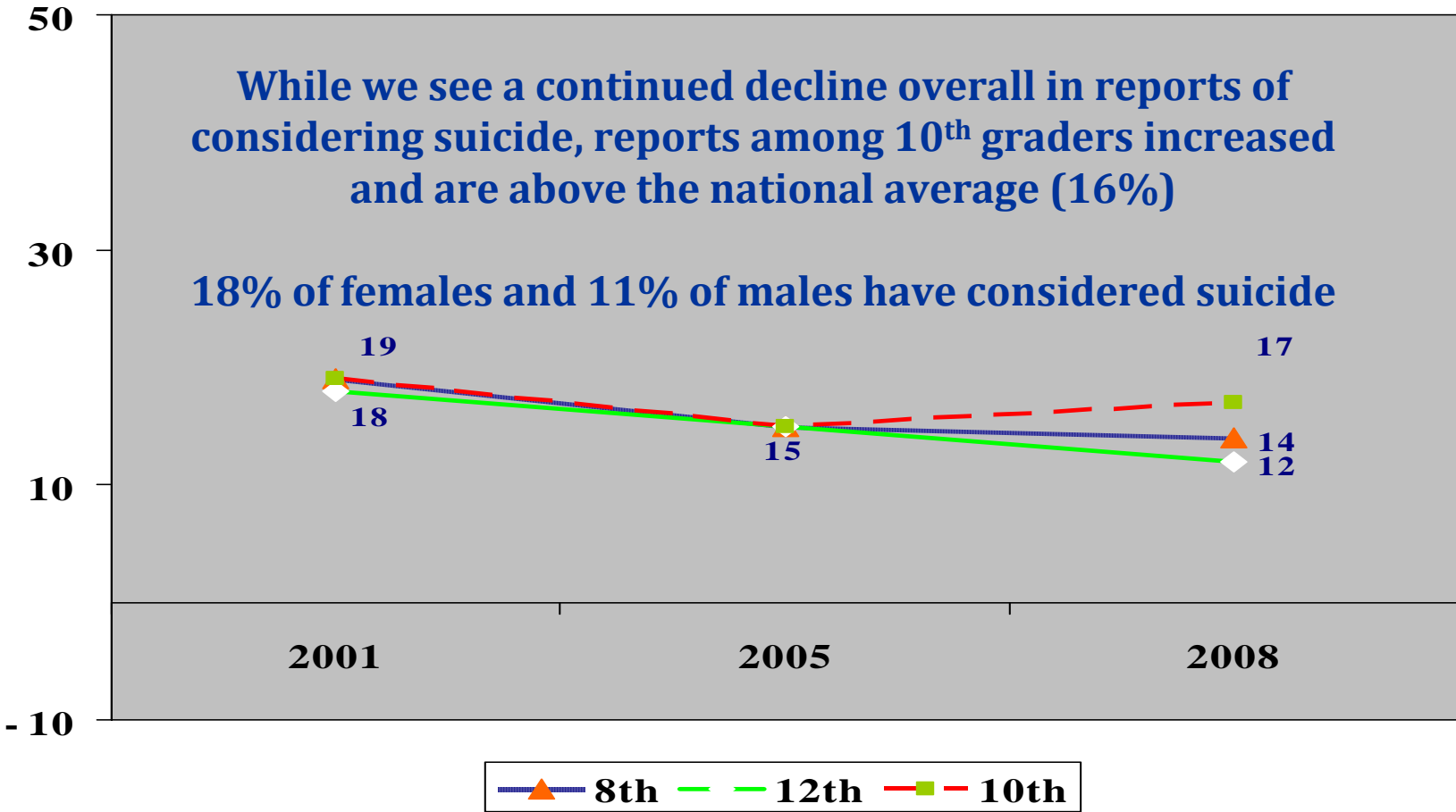
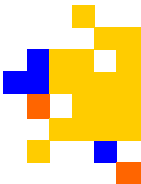
	34.1 - 36.0
	36.1 - 42.9
	43.0 - 53.4
	53.5 - 59.7
	59.8 - 67.1



Percent of Youth Reporting Selected Mental Health Experiences



Considered Suicide

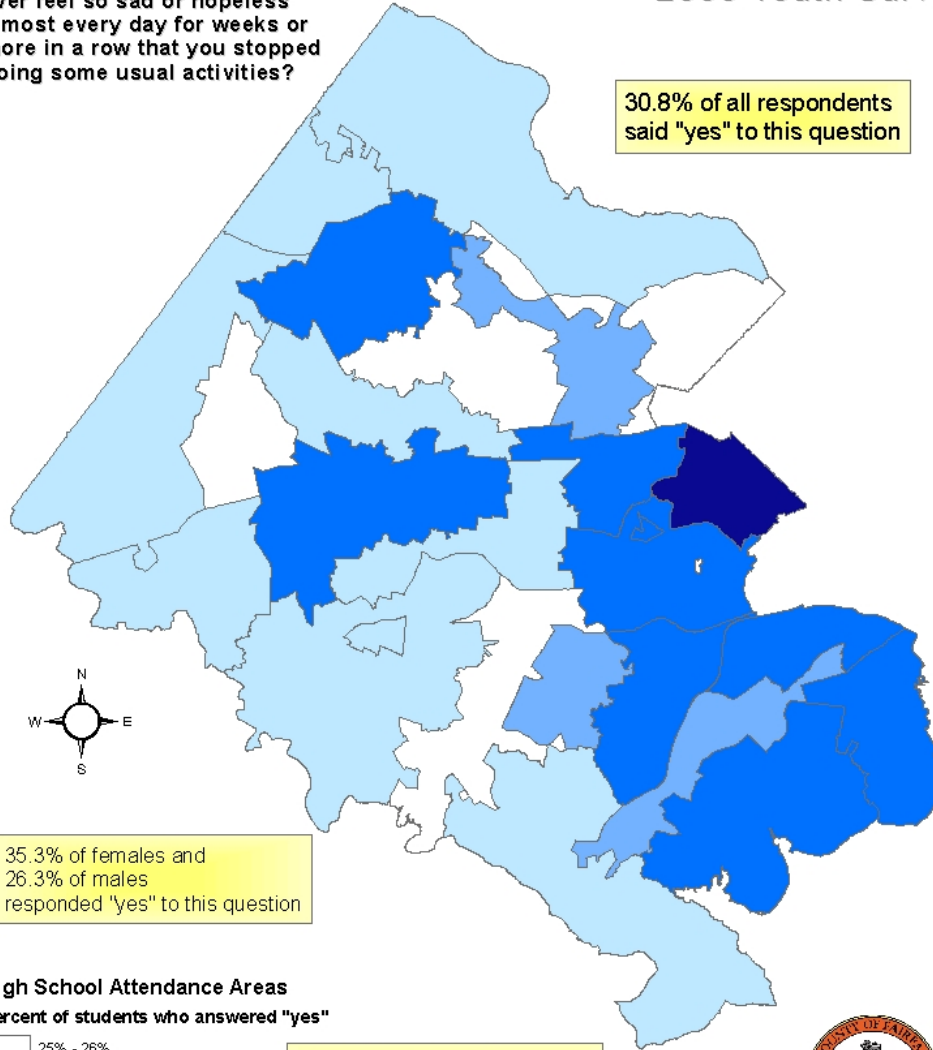


Students who answered YES to the following question:

In the past 12 months, did you ever feel so sad or hopeless almost every day for weeks or more in a row that you stopped doing some usual activities?

Youth At Risk for Depression by High School Attendance Area 2008 Youth Survey

30.8% of all respondents said "yes" to this question



35.3% of females and 26.3% of males responded "yes" to this question

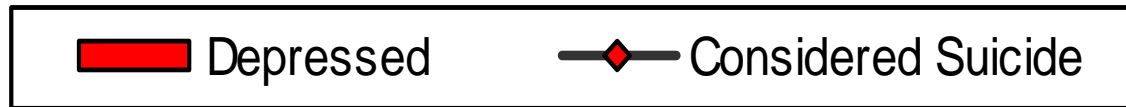
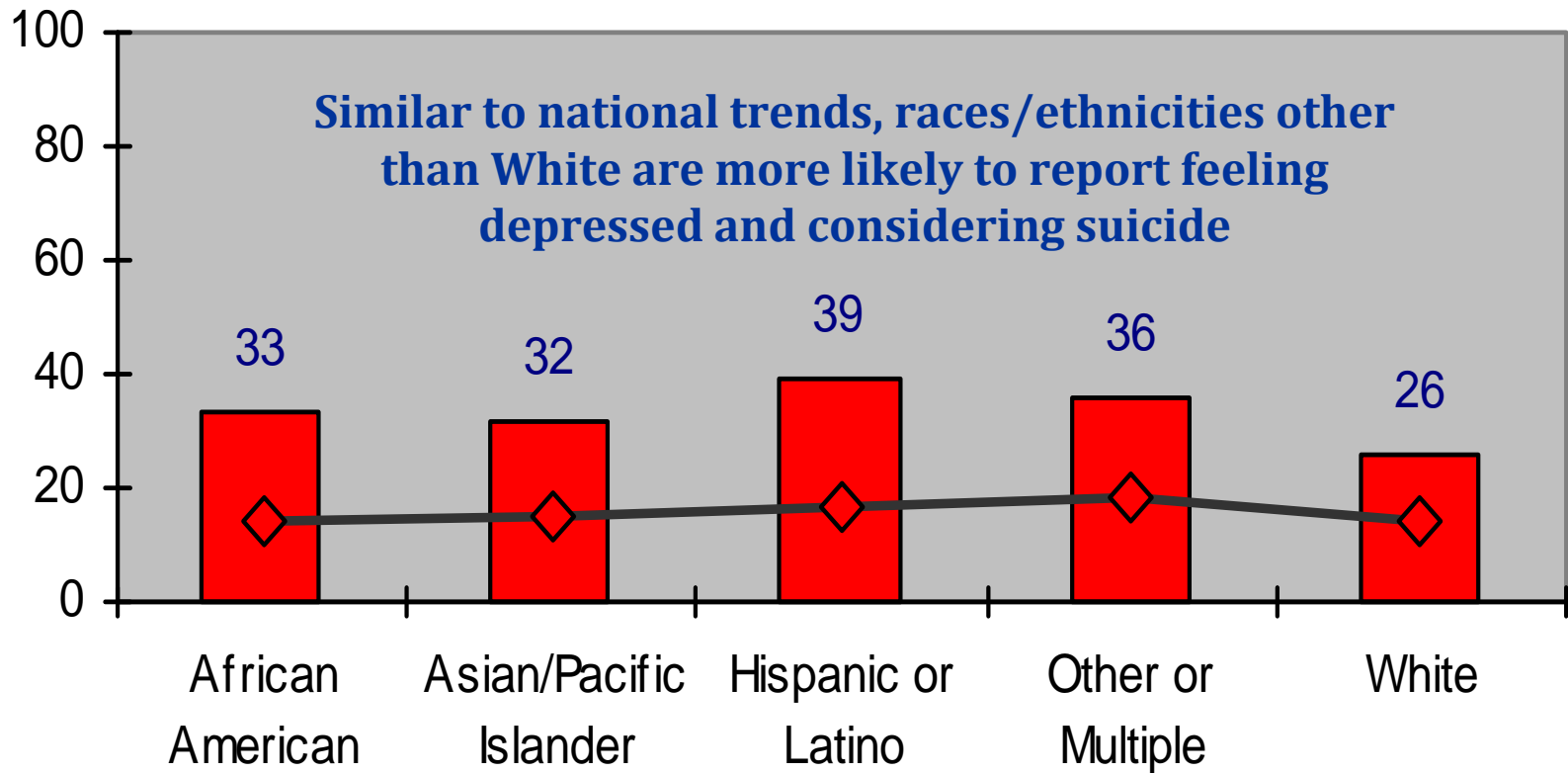
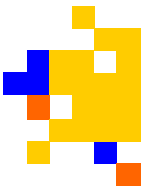
High School Attendance Areas Percent of students who answered "yes"

- 25% - 26%
- 27% - 30%
- 31% - 32%
- 33% - 36%
- 37% - 38%

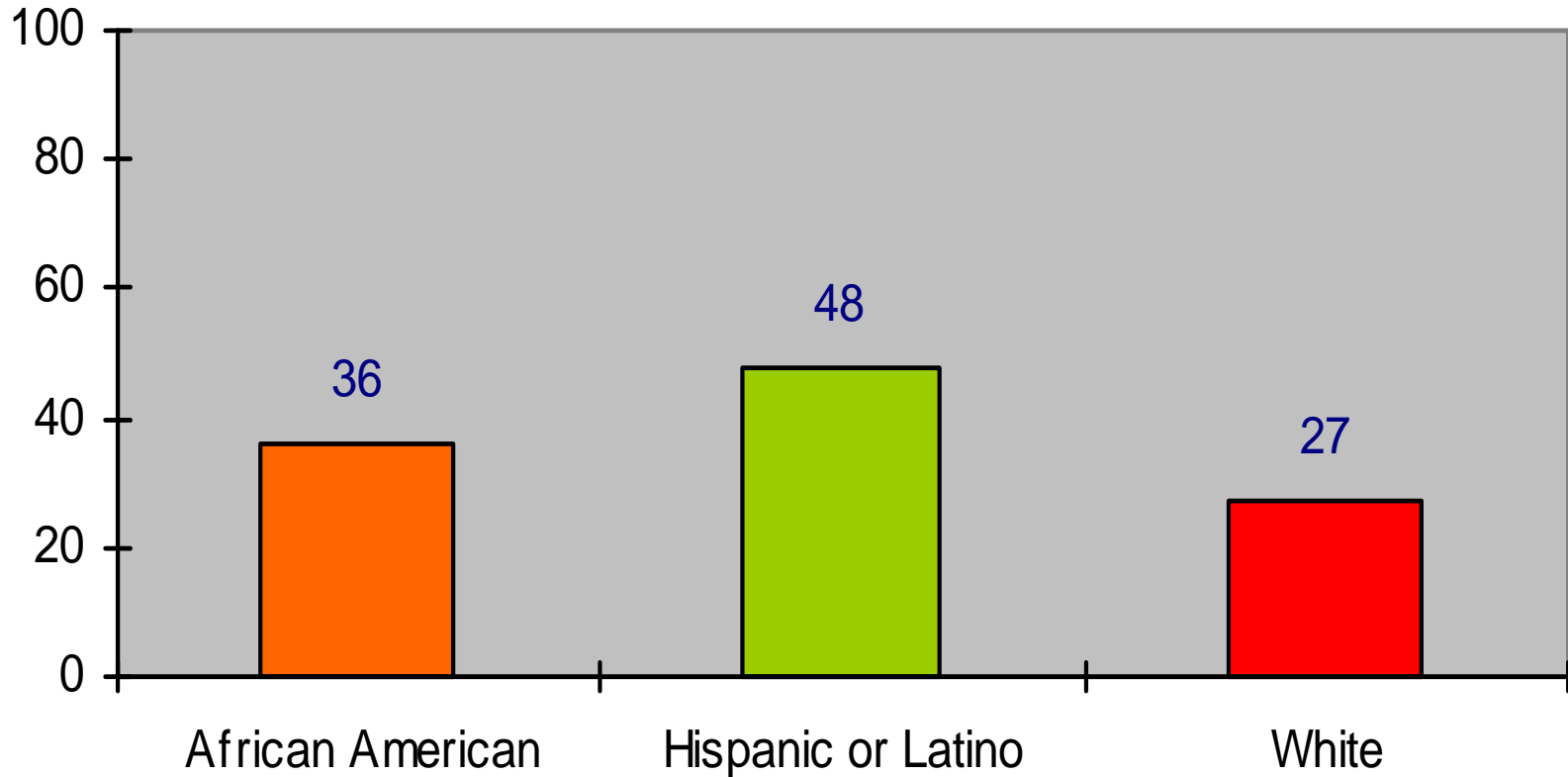
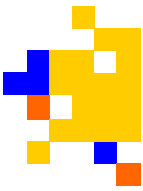
29.4% of 8th graders
31.8% of 10th graders
31.0% of 12th graders
responded "yes" to this question

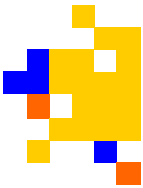
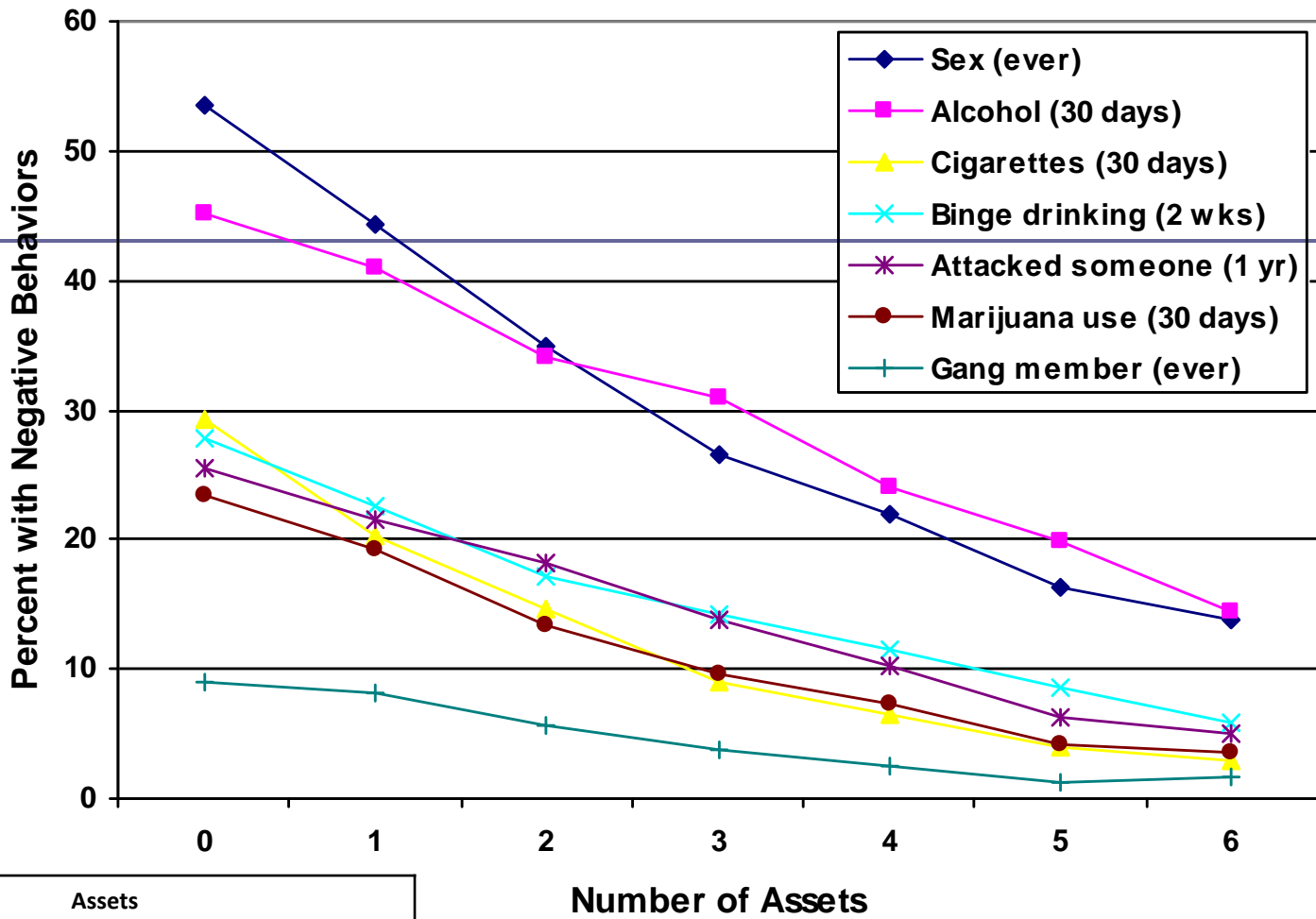


Depression/Considered Suicide by Race/Ethnicity



Depression/Considered Suicide by Race/Ethnicity - Mount Vernon Pyramid

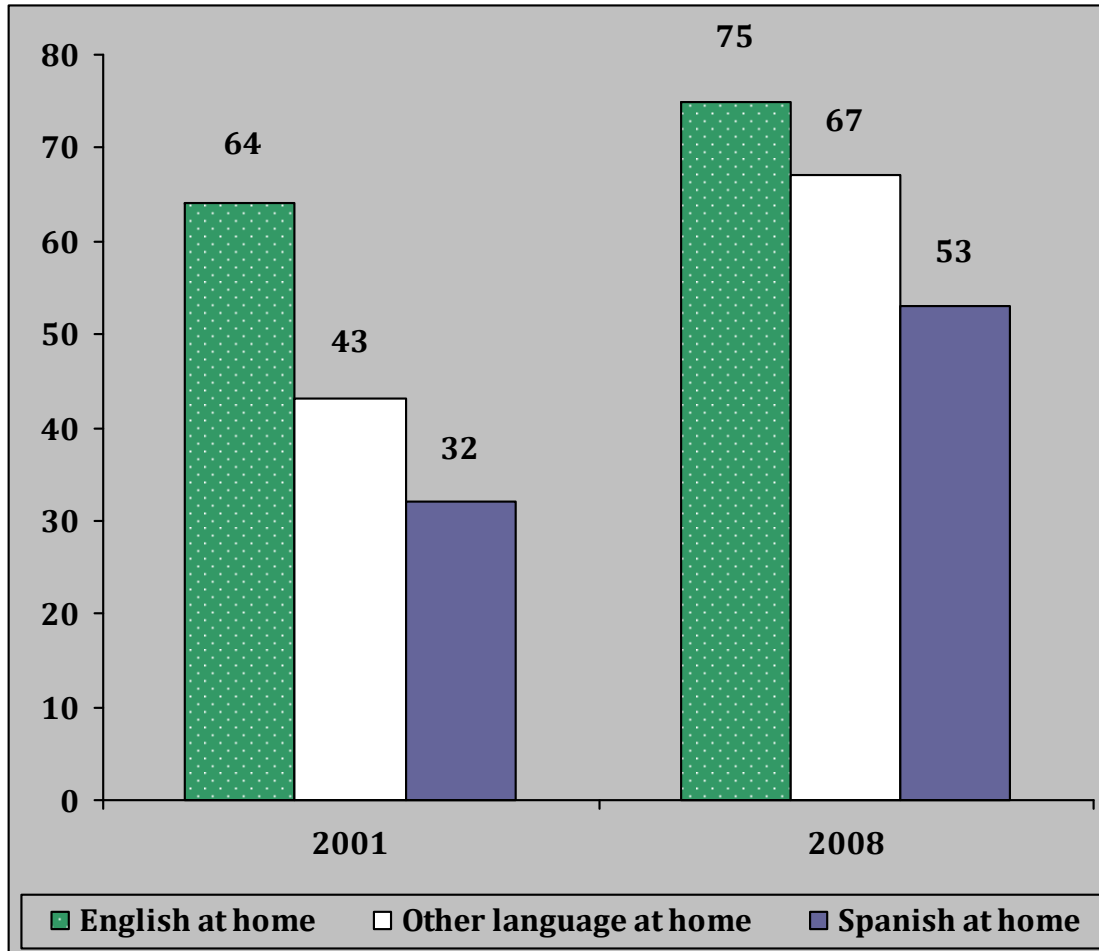
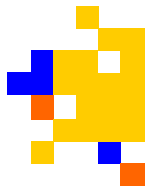




- Assets**
- Good Grades
 - Involved in decision-making
 - Lots of adults in my neighborhood to talk to
 - Parents notice when doing a good job
 - Involved in extracurricular activities
 - Involved in community service



Actual Participation in Extracurricular Activities Once a Month or More

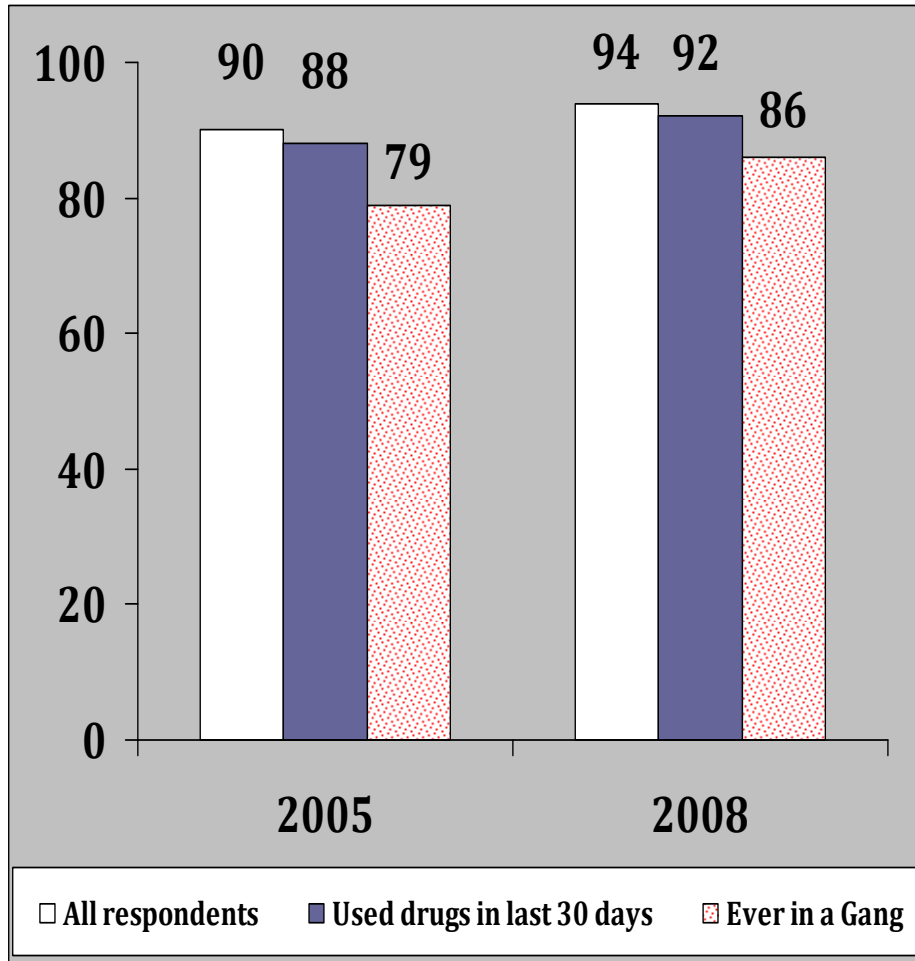
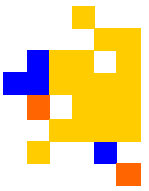


The number of youth who speak Spanish at home who report actual participation in extra-curricular activities has increased by 21 percentage points

For youth who speak other languages at home, participation has increased by 24 percentage points



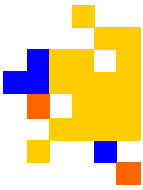
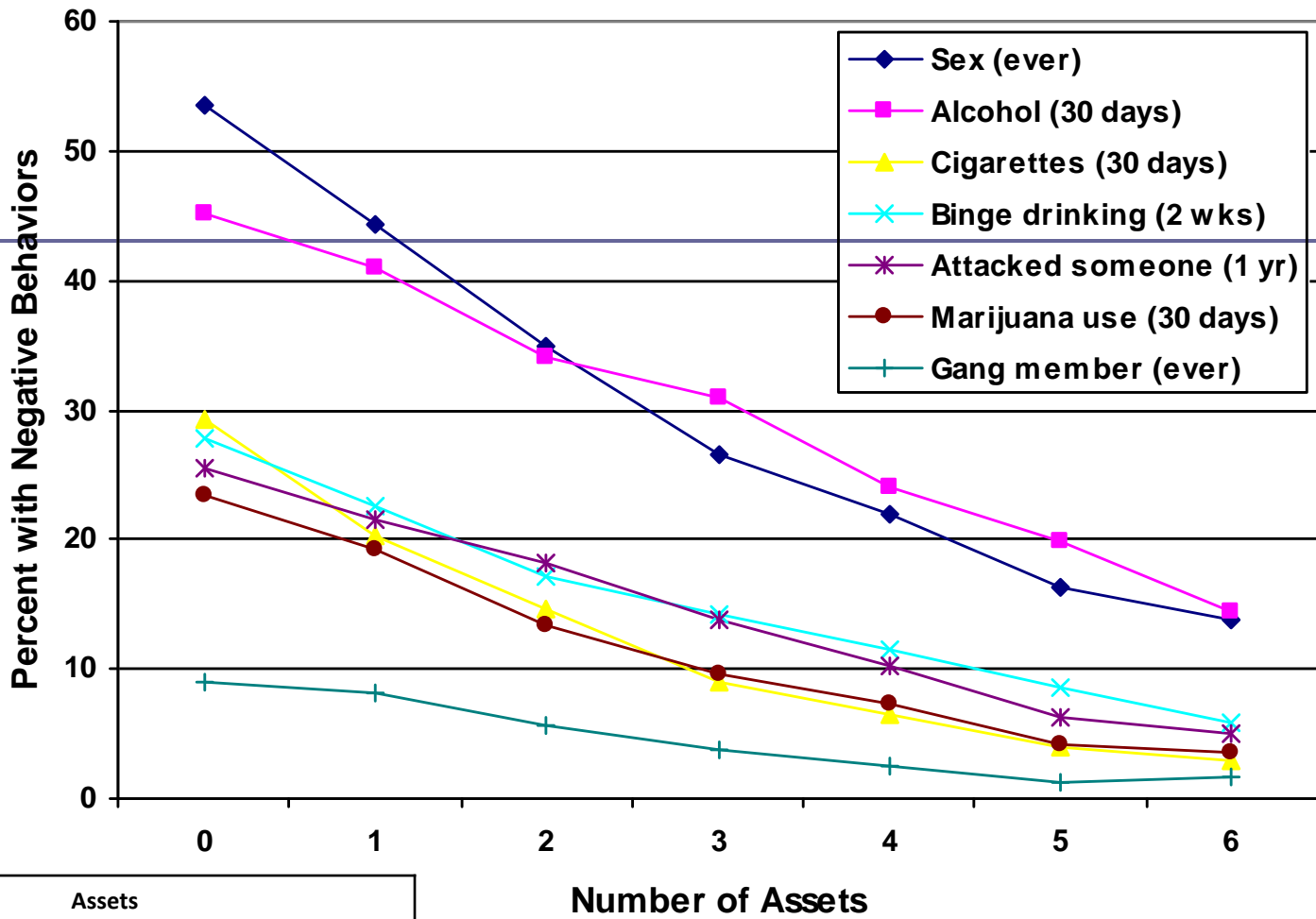
Youth Reporting Opportunities to Get Involved By Behavior



In 2005, there was a disparity in the perceived availability of opportunities to get involved in activities by those youth in gangs

Overall perception of opportunities has increased in the population overall by 4 percentage points, but increased in gang members by 7 percentage points





- Assets**
- Good Grades
 - Involved in decision-making
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 - Involved in extracurricular activities
 - Involved in community service



Some Resources

www.fairfaxcounty.gov/youthsurvey

www.fairfaxcounty.gov/dsm/prevention

www.fairfaxcounty.gov/gangprevention

www.fairfaxcounty.gov/rec/afterschool.htm

www.fcps.edu/schlbd/sg/index.htm

